

Regular Chat Room  
September 1st and 3rd, 2026  
Theme: Decisions (決断)

Self-introductions for new participants:

- What is your name?
- Where are you from?
- What do/did you do for work (job title, raised children, etc.)?
- What do you like to do for fun?

Questions:

1. Are you good at making decisions? Why or why not?
2. When you order at a restaurant, do you usually decide slowly or quickly?
  - a. Have you ever made a decision and immediately regretted it?
  - b. Have you ever made a decision and later changed your mind? Why?
3. Do you usually decide your own foods, music, etc., for yourself or let someone else choose?
4. Who do you ask for advice with difficult decisions?
  - a. Is it important to consider other people's opinions when making decisions? Why or why not?
  - b. Do you think it's possible to make decisions without considering others' opinions at all?
5. What is one small decision you made today?
  - a. What is a difficult decision you made recently?
6. When shopping, do you prefer to have many choices or a small number of choices?
  - a. Do you usually compare prices before buying?
7. How do you make decisions? Do you use logic or emotion more?
8. If you won 100 million yen tomorrow, what would you decide to do with it?
9. If you could go back in time and change one decision you made, what would you change?
10. If you had to delete one app from your phone, which would you decide?
11. Is it better to decide things quickly or take a lot of time?
12. Can a bad decision sometimes lead to a good result?
  - a. Has this ever happened to you?