

Beginner Chat Room
2:10–2:50 p.m., November 18th and 20th, 2025

Theme: Dreams

テーマ：夢

Self-introductions for new participants:

- What is your name?
- Where are you from?
- What do/did you do for work (job title, raised children, etc.)?
- What do you like to do for fun?

初めての方の自己紹介：

- 名前：My name is...
- 出身：I am from...
- 職業あるいは主婦：I am a.../I do...for a living./I work for...
- 趣味あるいは好きな活動：I.../I like to...

Questions:

1. Describe a dream you had recently.
2. Do you usually remember your dreams?
3. Do you think that your dreams have meaning? Why or why not?
4. Do you talk to people about your dreams? Why or why not?
5. Do your dreams affect how you feel the next day? Why or why not?
6. Have your dreams changed with age? How?
7. Do you usually have good dreams or nightmares?
8. What is the best dream you can remember?

質問：

1. 最近見た夢を教えてください。（例：I recently had a dream about going to sleep and waking up.）
2. 夢はよく覚えますか。（例：No, I don't usually remember my dreams. I forget them soon after I wake up.）
3. 夢に意味はあると思いますか。なぜですか。（例：No, I don't think that dreams have meaning. I think they reflect how we feel.）
4. 夢のことを人に話しますか。なぜですか。（例：No, I don't usually talk to people about my dreams because I can't remember them.）
5. 夢は起きた後の気持ちに影響を与えますか。なぜですか。（例：Yes, sometimes I feel tired the next day if I've had a bad dream.）
6. 年齢を重ねるとともに夢は変わっていますか。どう変わっていますか。（例：Yes, I have more dreams now than I used to.）
7. いい夢をよく見ますか。悪い夢が多いですか。（例：I usually have nightmares. I remember them better than good dreams.）
8. 今まで見た一番いい夢は何ですか。（例：I had a dream about eating breakfast in the desert once. It was pleasant.）